

Octoberfest At Camp Lou Henry Hoover



Camp Life is the Best Life

Friday, October 16th to Sunday, October 18th, 2026

Camp Lou Henry Hoover

Middleville, NJ 07855

www.gshnj.org

Girl Scouts Heart of New Jersey
Camp Hoover - Octoberfest
PO Box 52
Middleville, NJ 07855
dhooker@gshnj.org



Have you been dreaming of a weekend getaway? Octoberfest 2026 is your chance to have a great time, make new memories, and connect with friends, both new and old.

This is your time to get away from it all and concentrate on yourself.

Join us for a fun-filled weekend (or day) for women ages 21+, where you'll be pampered, enjoy creative activities, share stimulating conversations, enjoy the entertainment, dine in our fabulous dining hall, and meet interesting adults from all walks of life.

We guarantee a stress-free weekend and promise you'll return home relaxed, renewed, and ready to take on anything that comes your way.

SCHEDULE

Friday, October 16 th	Saturday, October 17 th	Sunday, October 18 th
6:00 pm Registration	8:30 am Breakfast	9:00 – 10:00 Continental Breakfast
7:00 – 8:00 pm Appetizers Crafting with Andrea	9:30-11:00 am Session 1 11:15-12:45 pm Session 2	10:15 Scout's Own - Closing
8:00 – 9:00 pm Welcome Live Music by Dana .	12:45 pm Lunch 2:15-3:45 pm Session 3 4:00-5:30 pm Session 4	
	5:30- 6:15 pm Free Time	
9:00 pm - ??? Hang out, have fun, and just enjoy camp	6:30 pm Dinner White Elephant 8:30 pm Campfire with Songs	

ALL DAY EVENTS

Massages

Looking for a little extra pampering? Professional massages are available in 15 minute and 30 minute increments. Massage appointment times will be reserved as they are received and pre-payment must accompany your registration to ensure accommodation. They may interfere with workshop times based on the number interested.

Service Projects

Small service projects will be set up throughout the camp for those who are interested in giving back to Camp Hoover. The following new donations will be accepted: nail polish (new), frying pans (med to large), and embroidery floss/pony beads/lanyard/gimp/craft scissors/new markers. Or checkout our Amazon Wish List [Hoover Wish List](#)

Trails

Camp Hoover has several hiking trails that can be used by any level of hiker. Trail maps will be located in the Dining Hall. Explore the beauty of Camp Hoover by walking one or more of the trails on camp. The Self-Guided Nature Trail packets even explain about the wildlife, habitat and foliage found on the 340 acres.

17th Annual White Elephant Extravaganza

Our popular White Elephant Extravaganza is back! Bring an item or two or a collection of things (things that you are no longer using around the house and can do without, that are in good shape) that can be entered into our White Elephant Raffle. Items will be displayed Saturday afternoon in the Dining Hall and raffle tickets will be sold 10 for \$5 or 1 for \$1. During the campfire on Saturday evening tickets will be pulled and you will be able to go home with your new treasures.



heart of new jersey

REGISTRATION

Registration is easy! Simply complete the form and payment information below.

The registration deadline is Friday, October 9th (You'll receive your confirmation packet on that date). Please either scan and email to dhooker@gshnj.org (all forms even if paying by check), or mail check made out to GSHNJ to

GSHNJ -Camp Hoover, PO Box 52, Middletown, NJ 07855

There are some activities that require activity fees. Please make note of those activities when you're calculating your final workshop costs.

Gear & Meals: Don't fret! A packing list will be sent with your confirmation packet. We have meals covered as well. All meals will be buffet style in our camp dining hall. Alcohol is allowed as this is an adult-only event, so please feel free to bring the beverage of your choice.

I'M READY, SIGN ME UP!

Please complete the following. Checks should be made payable to: **GSHNJ**.

Name _____ Email _____

Address _____ City _____ State _____ Zip _____

Cell phone _____

REGISTRATION FEES: Check the applicable selection:

Full weekend participants	Includes housing, four meals, evening snacks, and four workshops.	\$185 per person	Yes
Friday to Saturday participants	Includes one night's housing, three meals, evening snack, and four workshops.	\$130 per person	Yes
Saturday to Sunday participants	Includes one night's housing, three meals, evening snack, and four workshops.	\$130 per person	Yes
Saturday only participants	Includes lunch and dinner on Saturday, and four workshops.	\$100 per person	Yes

Please note: Your meals and workshop materials are purchased several weeks prior to the event. Refunds will not be honored after October 9, 2026.

Workshop Preferences: Please tell us which sessions you'd like to join us for. We will do our best to accommodate your selection.

Session	1 st Choice	2 nd Choice
Session 1 9:00 – 10:30		
Session 2 10:45 – 12:15		
Session 3 2:00 – 3:30		
Session 4 3:45 – 5:15		

REGISTRATION CONTINUED

Housing Preference: Please share with us your housing preferences. We will do our best to accommodate your requests. All participants will be housed in our heated cabins.

I would like to be in a sleeping unit with: (make sure your buddy makes the same requests!)

Name: _____ Name: _____

Please tell us about your housing needs/preferences:

___ Early to bed (unit is quiet by 10 pm)

___ Night Owl (up late, without disturbing others)

___ Special (health/mobility needs)

___ Tent Unit

Payment: Please complete the following payment table and payment information.

Fee for Weekend (see registration section): \$ _____

Workshop Fees (Based on your 1st choice selection): \$ _____

Table Massage (15 min /\$40 or 30 min /\$80): \$ _____

Optional donation to Camp Hoover Capital Campaign. \$ _____

Total Payment Enclosed: \$ _____

I will be making my payment via: ___ Visa ___ AMEX ___ Mastercard ___ Discover

Card # _____ Exp Date: _____

Security Code _____ Zip Code _____

Name on the Card: _____

I hereby authorize Girl Scouts Heart of New Jersey to process a payment in the amount of \$ _____ to the above listed card.

Signature: _____ Date: _____

***** If mailing a check, please make it to Girl Scouts Heart of New Jersey and mail to:
GSHNJ -Camp Hoover, PO Box 52, Middletown, NJ 07855 = Check made out to
GSHNJ**

Please be sure to email registration form to dhooker@gshnj.org as well.

Camp Lou Henry Hoover - Octoberfest 2026
ADULT HEALTH FORM

Please complete all information and return form with your event registration.

Name: _____

Date of Birth: _____

Emergency contact/relationship: _____

Emergency contact phone number: _____

Name of insurance carrier: _____

Name of primary physician: _____

Phone number of primary physician: _____

Have you had a tetanus shot in the last five years? ___Yes ___No

Do you have your COVID Vaccine? ___ Yes ___ No Booster? ___Yes ___No

Do you have any of the following health/dietary needs?

Heart Disease	___	Asthma	___	High Blood Pressure	___
Diabetes	___	Epilepsy	___	Other	_____

Are you taking any medications at this time? ___Yes ___No

If yes, please identify: _____

Will you have this/these medications with you at camp? Yes No

Please list all allergies (medicines, food, insect bites, etc.):

Please specify and describe allergy reactions and necessary treatment:

Are you pregnant? Yes No If yes, which trimester? 1st, 2nd, 3rd

Is there any other health-related information of which the coordinators of the event should be aware? _____

Please specify dietary restrictions: _____

___ Vegetarian ___ Vegan ___ Lactose/Dairy Intolerant ___ Peanut Allergy ___ Tree Nut Allergy
___ Gluten Free ___ Other:

Welcome to Oktoberfest! Friday Entertainment

(7:00 pm-8:00 pm)



Join us for some crafting before we kick off the main event with some fun and friendship! You can make bead bracelets, and use beads and charms to dress-up your purse, backpack or favorite beverage container. Don't worry, there will be plenty of helpers to get you started. All supplies are provided.

(8:00 pm-9:00 pm)

What better way to get in the mood than starting off Friday night with some music. Dana Harrison is a talented musician who spreads joy and positivity through soulful singing. Her eclectic mix of genres offers songs that are pleasing to a wide range of listeners. From enchanting kids to uplifting adults, Dana's powerful voice touches the heart. You can follow her on Instagram @dana_makesmusic.



Session 1

Woven Witch's Hat – 1A

Two session time block

Instructor – Deb Zvanut
Weave a woven black hat on a black brim, Continuous weaving with black rattan will be used. Then decorate the hat to make a crafty black ha t to decorate your Halloween table. Limit 10. Fee: \$6



Pumpkins, Pumpkins, Pumpkins! – 1B

Instructor – Hoover Staff Member
Learn to carve intricate designs on a pumpkin using the popular Pumpkin Masters Kits sold on Amazon and in stores. If you have one, bring it. Otherwise there will be tools and patterns available. These are the pumpkins you see on haunted pumpkin trails. We will use them to decorate at dinner and then you can take yours home! If you want your pumpkin to last for years, bring an artificial one with you. Only live pumpkins will be supplied.

Upcycle A Fav- 1C

Instructor – Sue Rexford

Give an old favorite a fresh new look! In this hands-on craft class, attendees will learn the art of reverse appliqué, a creative technique that uses layered fabrics, stitching, and cut-out designs to transform a used sweatshirt into a one-of-a-kind wearable creation. Bring a sweatshirt from home and learn how to upcycle it with your own unique style and personality. No experience necessary—just bring your creativity and get ready to turn something old into something amazing!



Gentle Yoga and Meditation – 1D

Instructor – Sapna Mitra

Come quiet the mind and relax the body in this gentle yoga class. This class is suitable for all levels of yoga experience. Through controlled breathing and moving meditations, we will create a stillness within the mind and body. By practicing these gentle exercises you will start to become an observer of your thoughts and feelings, gaining control of your state of mind and existence. This class will help you live a more present, meaningful life while also giving a great stretch to the physical body.

Fluid Art – AKA Paint Pouring – 1E

Instructor – Andrea Schaffer



By popular demand, we will again be offering fluid art. No artistic talent is needed to make beautiful abstract paintings, ceramic coasters, trays and trivets to give as gifts or keep for yourself.

You will learn basic techniques including flip cup pour, dirty pour and puddle pour. Fluid art is a calming addictive art form and you will be amazed by what you can create! All supplies included.

Fee: \$10



Can You Can-Oe? – 1F

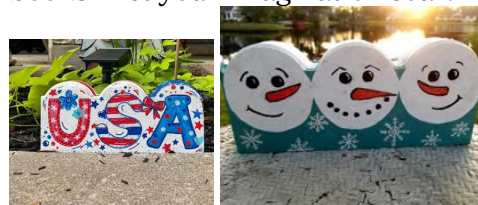
Instructor – Hoover Staff Member

Spend over an hour enjoying the beautiful fall foliage while you stretch your paddling muscles on Swartswood Lake either in a canoe or kayak.

Paver Fun – 1G

Instructor – Hoover Staff Member

Turn an every day paver or brick into a holiday decoration – from ghosts to gingerbread houses to books – let your imagination soar.



Session 2

Window Stars – 2A

Instructor – Alexis Abramo

Brighten your windows with these colorful stars. Start with a style simple enough to do with young children and work up to more complex versions. Using squares of colored waxed kite paper and overlapping folds and colors, you can create endless variations.



Nature Stroll – 2B

Instructor – Sara Rall

Wondering what's edible, useful, or just interesting growing here at Camp? Or just a fan of weird nature facts? Take a gentle, guided stroll around the center of camp and discover the fascinating plants and natural wonders growing all around us.

Glass Jar Candle Holders-2C

Instructor – Hoover Staff Member

Bring an empty glass jar or two or more and turn them into candle/fairy light holders using a variety of materials from jute to pressed flowers to lace and more – let your imagination run wild!



Sound and Movement

Improvisation Workshop – 2D

Instructor – Sue Creitz

This class is a dynamic, lively romp filled with humor, fun and surprises!

It is for anyone with curiosity and courage!!!

For anyone of any skill level.

This workshop is for enjoyment, exercise or personal growth.

Susan Creitz will be leading you in easy warm-ups and improvisations in movement and sound either as a whole group or working with partners.

Archery – 2E

Instructor – Hoover Staff member

Have fun learning the basics of archery or review some of the skills you learned in childhood. Have fun

Holiday Linocut Cards – 2F

Instructor – Marissa Quin

Become a novice printmaker in this course, where we will be creating a linocut and creating a holiday or greeting card for it.

This class will teach you how to carve a linocut, which is the process of cutting a pattern into linoleum. We will then learn about inking these cuts to press holiday or greeting cards. You will leave with a single linocut and 10 cards!

Let your creativity shine

Fabric Rag Wreath – 2G

Instructor – Hoover Staff Member

Using a metal wreath frame use 5 different fabrics to create a unique fun wreath. Each person needs to bring their own fabric – 5 – ½ yard pieces of fabric in a theme or color pattern.



Session 3

Fancy Fold Card Class – 3A

Instructor – Cyndy Ponczek

Join us and make 2 Fancy Fold Cards that will be hard to

give away! We'll even have one that POPS! It's amazing what ink, paper, and stamps can do! You'll want to make more when you're done!

These cards can be used for a variety of special events and celebrations. Please bring your favorite tape runner adhesive, glue dots, dimensionals/pop dots, and scissors. Everything else will be included in your class fee. Limit 8
Fee: \$7.



Facial Anyone? – 3D

Instructor – Kate Greci

Learn about the rejuvenation effects of herbs and create your own natural facial anytime at home. Eucalyptus, rosemary, chamomile, rose petals and more will be used to create a relaxing facial. Learn which herb calms, which helps with memory and more!

Holiday Tree Balls - 3E

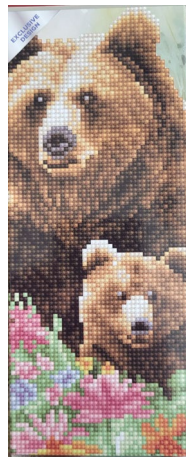
Instructor – Chris Carswell

Join us to make your own magical Holiday Tree Balls. They are formed from chicken wire, wrapped with whatever color holiday mini lights you desire, hung from trees with extension cords to light up the night with color for the holidays. You will make one and we will give you the directions to make more at home. Our street has over 300 hung and we have 15 on our property. Check out *Bridgewater Tree Balls* on Facebook. We will hang them in the trees at camp on Saturday night so everyone can enjoy them. Fee: \$15

Diamond Dazz Art– 3B

Instructor – Elva Wilson

Have fun and relax as you create this fun diamond dazz art of a cute momma bear and her cub.



Can You Can-Oe? –3C

Instructor – Hoover Staff Member

Spend over an hour enjoying the beautiful fall foliage while you stretch your paddling muscles on Swartwood Lake either in a canoe or kayak.

Sound Bath – 3F

Instructor – Prana for Peace

Sound baths are a meditative practice involving the use of resonant music. This creates an immersive sound that fills the room and the body, aiming to help people relax and let go of stress, anxiety, or other worries and concerns. People report feeling deeply relaxed after sound baths, which may have health benefits.

Melt 'n Pour Soapmaking – 3G

Instructor – Tara Banghart

Discover the fun of crafting your own luxurious soap in this fun, hands-on workshop! You'll learn how to combine simple ingredients and soap bases into beautiful, personalized bars. You'll be able to

choose from a variety of scents and colors to create truly unique bars that you take home. Nothing complicated, just crafty fun! Bring your creativity and we'll provide the rest!

Session 4

Classic Camp Crafts – 4A

Instructor – Hoover Staff Member

Candles, tie dyes, lanyard, and leather... bring out the kid inside of you as you have fun with these classic camp crafts. Bring a something white to tie dye or purchase a t-shirt \$5 in the Hoover Trading Post.

Beaded Flowers – 4B

Instructor – Jennifer Romanoff

Create a stunning miniature bouquet of translucent beaded flowers in this hands-on workshop. Using pastels blooms and vibrant hues, you'll learn simple wire techniques to form delicate pearl centers, adding petals, leaves and a beaded stem. Then arrange them into a charming bouquet in a mini-bottle. All beads, wire, and supplies are provided — perfect for beginners and craft lovers alike.



Quill a Fall or Spring Ornament - 4C

Instructor – Debbi Zvanut
Learn how to use a quilling tool and quilling



paper to create a decoration. You may choose either a fall leaf or spring flower. The quilling needle tool will be yours to take home and

create more!. Fee: \$12

Felt Cookie Cutter Garland – 4D

Instructor – Alexis Abramo

Create your own cookie cutter garland by felting – snowflakes, pumpkins, flowers and more the possibilities are endless Easy. No experience necessary.

Triskele Balls – 4E

Instructor – Cyndy Ponczek

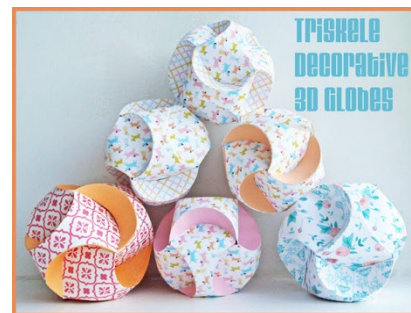
Want a different type of ornament to decorate your home for any season! These Triskele

Balls/Globes are so much fun to make you'll want to make more than one!

Class will include the template and papers to make a few Triskele

Balls/Globes. If you have a stylus, bring

as it will help create the folds needed to make the balls. Limit 10 Fee \$5



Archery – 4F

Instructor – Hoover Staff Member

Learn the basics of archery or review some of the skills you learned in childhood. Have fun!

Wish Jars– 4G

Instructors – Meryl Sheridan and Andrea Schaffer

How many of you believe in positive affirmations? Just saying something positive can change someone's mood or perspective.

We know essential oils and herbs can be beneficial to us. Now let's add the mystical energy that many crystals possess. Each participant will be making your own wish jars, where you can direct positivity for yourself or others. Fee \$10

