

2023

Summer Outdoor CHALLENGE

50	Attend one session of Summer Camp	5	Explore a New Jersey cave	1	Blow on a dandelion puff
20	Earn the Girl Scout Tree Promise Patch	5	Cook in a foil packet over coals	1	Kick a soccer ball
20	Go camping	5	Watch a hot air balloon launch	1	Make your own sugar scrub
20	Join Family Ramblers and hike with your family	5	Make a salad using the colors of the rainbow	1	Hide a treasure and make a treasure map for a friend
20	Complete the Be a Better Sister : Diversity patch	5	Compost food waste	1	Make sun tea
20	Complete the Be Sun Safe patch	5	Splash in a stream/brook	1	Look for a bird's nest
15	Complete Honoring Everyday Changemakers Project	5	Learn how to raise a Monarch butterfly at home	1	Do a flower smell test, & choose your favorite
15	Complete an outdoor badge	5	Learn about bike safety	1	Look through a magnifying glass
10	Go rock climbing	5	Put on a puppet show	1	Eat ice cream for breakfast
10	Row a boat	5	Visit a new-to-you state park	1	Make a paper bag puppet
10	Hike to a waterfall	5	Take popsicles to the park to share	1	Sing-along to your favorite song
10	Donate something you grew to a food pantry or soup kitchen	2	Sign up for Summer Reading at your local library	1	Take a cat nap
10	Skype a Scientist	2	Visit a new-to-you farm	1	Make s'mores
10	Put on a neighborhood talent show	2	Scatter wildflower seeds	1	Make up and play a new game
10	Make a time capsule	2	Invent a new trail-mix recipe	1	Hunt for shapes in the clouds
5	Cook over an outdoor fire	2	Build a rock sculpture	1	Photograph wildflowers
5	Pledge to clean up trash then do it!	2	Build a sandcastle	1	Play I-Spy
5	Sleep in a tent	2	Make a backyard obstacle course	1	Visit a rain garden
5	Swim in water that is not a pool	2	Visit a farmers market	1	Play with a Hula Hoop
5	Go blueberry picking	2	March in a parade	1	Turn a cartwheel
5	Wash the car	2	Go to an outdoor concert	1	Paint or draw with your feet
5	Host a lemonade stand	2	Take a rain shower (NO thunder!)	1	Read with a flashlight under the covers
5	Make a fort out of cardboard boxes	2	Plant milkweed	1	Ride a bike
5	Make a fairy house	2	Set a screen free day	1	Make a dandelion crown/necklace
5	Visit a boardwalk	2	Make a gratitude list	1	Make a mud pie
5	Make a flip book	2	Make invisible ink	1	Go for a hike
5	Build a sun shower out of a bucket	2	Observe a summer constellation	1	Take a picture of a rainbow
5	Make wind chimes	2	Say hello to a new friend	1	Float a leaf in a stream
5	Make and use a box oven	2	Spend a day barefoot	1	Spit out a watermelon seed